# Dario Lazzaretto Sound of life

[sound poetry performance]

"Sound of Life" is a work of critical homage to FT Marinetti, and more specifically it is inspired by the "Sintesi Radiofoniche" (1933) trying to rework, by antithesis, the direction and mode of Marinetti's work. A performance of shared reading with the public, in which the viewer becomes single player forced to the solitary role of interpreter of his own experience. A comfortable place and a warm tea to relax and read quietly, stop, think with your head. Discover to decrypt able an apparently insoluble mystery, but only themselves. An experience that combines and multiplies the work with the user, who thus becomes mysterious attraction point, shaman of art.

#### IF

we assume that the world we live in is broken down into four elements (earth, wind, water, fire) and the cycle of life can be summed up in four stages (birth, growth, maturity, death) > we can suppose that it is possible to synthesize the "sound of life", creating a neverending sequence of sounds by applying a random combination of the sounds symbolizing each element/declined for every one of the four life's stages

## **AND**

- $W_1$  = 4" of the sound of ice thaw  $W_2$  = 4" of the sound of a fountain gushing  $W_3$  = 4" of the sound of boiling water  $W_4$  = 4" of the sound of water flowing into the sink  $F_1$  = 4" of the sound of flint of a gold lighter  $F_2$  = 4" of the sound of the wood when it starts to burn  $F_3$  = 4" of the sound of sibilant household stoves  $F_4$  = 4" of the sound of water extinguishes fire  $A_1$  = 4" of the sound of breathing with the nose  $A_2$  = 4" of the sound of a pump that inflates a mattress  $A_3$  = 4" of the sound of wind in the trees  $A_4$  = 4" of the sound of exhalation through the mouth  $E_1$  = 4" of the sound of a rock smashed on a rock  $E_2$  = 4" of the sound of the shaking of an earthquake  $E_3$  = 4" of the sound of the sand in the hourglass
- $E_4$  = 4" of the sound of a shovel of earth that fills a hole

## THEN

This is the full sequence of all possible sequences of the true sound of life:

> $W_1/E_2/A_3/F_4$  $W_1/E_2/F_3/A_4$  $W_1/A_2/F_3/E_4$  $W_1/A_2/E_3/F_4$  $W_1/F_2/E_3/A_4$  $W_{\,1}/\,F_{\,2}/\,A_{\,3}/\,E_{\,4}$  $E_1/A_2/F_3/W_4$  $E_1/A_2/W_3/F_4$  $E_1/F_2/A_3/W_4$  $E_1/W_2/F_3/A_4$  $E_1/F_2/W_3/A_4$  $E_1/W_2/A_3/F_4$  $A_1/E_2/W_3/F_4$  $A_1/E_2/F_3/W_4$  $A_{\,1}/\,F_{\,2}/\,E_{\,3}/\,W_{\,4}$  $A_1/F_2/W_3/E_4$  $A_1/W_2/F_3/E_4$  $A_1/W_2/E_3/F_4$  $F_1/A_2/E_3/W_4$  $F_1/A_2/W_3/E$  $F_1/E_2/W_3/A$  $F_1/E_2/A_3/W$  $F_1/W_2/E_3/A$  $F_1/W_2/A_3/E$

#### \* Technical notes

The environment in which I'll propose the performance does not really matter. What is needed are comfortable armchairs or sofas in sufficient number to accommodate all present. In case of small resource or limited environments, you could even repeat the performance for a few people or even to individual visitors, several times throughout the day.

The staff at the entrance will deliver the entrance earplugs (disposables) and instructions for the use of work (like a leaflet of medicinal products, pg 2-3), and - as well - the staff will prepare hot relaxing tea (passion fruit and valerian) for the spectators. Near the sessions there will be an adequate number of headphones (Noise Reduction Work Headphones) available to those wishing to acoustically isolate themselves completely.

These will be able to read the instruction leaflet on how to decode the work while on the wall ( with sliding display - 10cm x 105cm - led) will be indicated one by one, in slow succession, the combinations of possible sounds (pg.4). The duration of the performance is variable in relation to the number of spectators, especially if implemented as single performance. [ Note - The first performance (" Sound of Life" - Dordtyart, Dordrecht (NL), 21/06/2013- 16 participants) lasted about 20 minutes].